

Stroke analysis session in Eindhoven

When: 30 May 2009

Cost: 50 Euros per swimmer including the pool time and video analysis

Sign-up: Email the Secretary with name of the swimmer no later than Thursday, 30 April.
Participation is on a first come first serve basis with a maximum of 24 swimmers.

Question: Contact the President, Rick Ojeda

Website: <http://www.trainingcentredetongelreep.com/nieuws.html>

This involves the swimmers performing certain strokes and having these strokes captured on video. The video then can be used to analyze the swimmers' technique. This allows the swimmers to actually see what they are doing wrong and right as well as areas for improvement. This is not really meant for beginning swimmers but is geared toward the more experienced swimmers. If you are not sure whether your swimmer would benefit from this type of analysis, please don't hesitate to contact one of the coaches for his/her advise.

The cost of this would be around Euro 50.00 per swimmer and will include the pool time, and the video analysis. Transportation would be the responsibility of the parent.

The address and location will be provided. While the swimmers are waiting for their session they can take advantage of the pool for free swimming as well. If you think you would be interested, please email the secretary with the name of the swimmer that would be participating no later than Thursday, 30 April. This is on a first come first serve basis. We can take a maximum of 24 swimmers. If you have any further questions please feel free to contact the president, Rick Ojeda.